

**MINUTES OF THE BOARD OF DIRECTORS
PARKINSON'S SUPPORT GROUP OF SONOMA COUNTY
Meeting by Zoom, July 15, 2020**

MEMBERS PRESENT:

Nancy Wilson, Tess Lorraine, Marie Kay Hansen, Bill Jordan, Marc Alexander, Meg Alexander, Patrick Hardman, Cheryl Fox, Judy Deas
Absent: Sandy Barrett, John Hamilton, Susanna Kraus

CALL TO ORDER:

The regular meeting of the Board of Directors of the Parkinson's Support Group of Sonoma County [PSGSC] was called to order by the Chair, Nancy Wilson at 12 noon.

APPROVAL OF THE MINUTES:

A motion to approve the June minutes was made by Bill Jordan and seconded by Cheryl Fox, and approved unanimously by the Board.

TREASURERS REPORT:

Judy Deas reviewed the Treasurer's Report from Teresa Burris:

Profit & Loss

Income: Donation Jar Income (3 checks in jar) \$190.00; Microsoft Match (for IT person's volunteer hours) \$350.00; Oliver's Community Card \$1.84; United Way \$33.16; Interest \$.28 - Total Income for the month = \$575.28.

Expenses: Bookkeeping Expense \$87.50; Dance Class Expense **\$700.00**; Postage Expense \$20.00; Printing & Copying - Brochures \$414.33 - Total expenses = \$1,221.83.

Net Income for June is <\$646.55>. YTD is <\$1,500.19>.

Balance Sheet

Cash accounts total \$34,296.32.

The dance class expense was for two months: May and June. For now all donations are being made by check; Judy can deposit them electronically. We are not paying rent to the Church at this time, as it is not open.

A motion to approve the Financial Report was made by Patrick Hardman, seconded by Marc Alexander and approved unanimously by the Board.

BOARD BUSINESS:

Nancy checked to make sure we are staying in touch with our members, including the Women with PD Dance group and the Caregivers groups.

Nancy is continuing to work with Maggie Gondola on the revision of the newsletter. A concern was raised about including the Zoom link to the general meetings in the newsletter, as hacking is reported on such offerings.

PROGRAMS:

2020 Speakers: Marc reported:

August 8: Tess Lorraine: “The Gift: Talking About What Matters in the End.” This program was not recorded due to the intimacy to the topic and discussion. However, a page of resources will be emailed to the membership and added to the web site after revision for clarity.

Tess suggested that a drop-in-group on Zoom would be useful to people who are filling out forms related to this topic. She offered to lead the group: getting questions clarified, discussed and answered as choices about end of life arise. The group could focus on different topics each week.

August 8: Dr Phil Grob: “Cannabis Use for PD”

September 12: Robert Leavitt & Sarina Ferguson: “Balance & Gait Issues”

October 10: Steve Blake: “Nutrition”

November 14:

December 12: No Party. A Program instead? Marc will check out long-distance PD experts available during this time of pandemic & zoom.

*Possible September book discussion group: *Being Mortal* by Atul Gawande

WEBSITE

Austin Wylie, who keeps our website, was able to donate his time working for us which resulted in \$350 to PSGSC from his employer, Microsoft. This represented his past work, and going forward his time will be calculated monthly and will not be such a large donation.

Marie Kay suggested that the information in the new member package be added to the web site. Nancy will follow through.

There was some discussion of providing a list of Movement Disorder Specialists in the Bay Area, especially those who will do teleconferencing. Those with doctors set up to do this will let Nancy know, and a list will be sent to our group.

CALENDAR

The annual PANC Conference will take place on-line October 24, 2020.
Registration is opening on August 24, 2020

Adjournment: There being no further business, the Board was adjourned at 12:40 p.m. The next meeting will be August 19, 2020, 12:00 noon, via Zoom.

Respectfully submitted,
Meg Alexander, Recording Secretary