



# ParkinsonWISE® Training

**Saturday, April 13, 2019 10:00—Noon**

**Kaiser Permanente, Santa Rosa Cost: \$45**

**Calling all medical personnel, personal trainers, instructors for yoga, tai chi, dance, cycling, boxing programs, providers of massage, music, voice!**

The Parkinson Association of Northern California and the **Parkinson's Support Group of Sonoma County (PSGSC)** have partnered with Kaiser Permanente Neuroscience to provide education to the fitness and wellness communities about Parkinson's disease (PD). Exercise and movement are extremely effective in delaying the progression of PD symptoms, reducing the impact of symptoms, and for increased general well-being. **The ParkinsonWISE® program was created to educate attendees about Parkinson's disease and how to work effectively with this community.**

## **Benefits from being ParkinsonWISE®:**

- 2 CEP Contact Hours  
Approved by the California Board of Registered Nursing CEP Provider 16488, Fox and Associates Home Health Provider; 707-573-0223 Fax: 707-573-0222
- Certificate of completion
- ParkinsonWISE® lanyard pin
- PD Reference Card
- Your information posted as a resource for the local Parkinson community on the Parkinson Association website.

## **Kaiser Permanente**

401 Bicentennial Way,  
MOB2, 3<sup>rd</sup> Floor, Room 4 & 5  
Santa Rosa, Ca 95403

**Registration: [www.panctoday.org](http://www.panctoday.org) (Events)**

Don't wait to become ParkinsonWISE®

Questions: [panc@panctoday.org](mailto:panc@panctoday.org); (916) 357 6641