

Minutes of the Board of Directors
of the Parkinson's Support Group of Sonoma County

September 19, 2018

Members Present:

Nancy Wilson, Marie Kay Hansen, John Hamilton, Karen French, Mary Reed, Karthy Osbun, Marc Alexander, Sandy Barrett and Barbara France

Members Absent:

Sandy Grant, Ann Walker and Art Rosenblum

Call to Order:

The regular meeting of the Board of Directors of the Parkinson's Support Group of Sonoma County (PSGSC) was called to order by Chair, Kathy Osbun at 10:00 a.m.

Approval of Minutes:

The minutes were approved with the following corrections: Under Dance Class, in third paragraph it is corrected to read, Kathy and Sandy will look at the emails... and the Item listed as Clinical Trials should be changed to Clinic Update.

Treasurer's Report:

We have received a \$1000 donation from Betty Greenway.

Sandy would like the new accountant take over in November. Karen made the motion that we begin paying the accountant in November \$50 per hour, John seconded the motion which was passed on a voice vote.

In Sandy's absence, Kathy gave the following report of income and expenses for the month.

Income:

\$400.85 Donation Jar for August meeting.

\$350.00 Individual Donations for Joan Macaulay Memorial

\$.94 Monthly Interest

\$120.23 Olivers Community Card

Total Income for August: \$892.64

Expenses:

\$325.00 Expenses to set up PSGSC gmail and Mail Chimp

\$ 9.68 Dance Class expenses less class & memorial donations

\$183.00 Singing Group expenses less donations

Total expenses for August \$567.68

Net Income for the month: \$324.96

Net Income for the year: \$385.00

Cash Accounts total \$41,462.30

Programs:

October Meeting: Marc has made a list of Local and national resource organizations, we will print 100 of these and have them on the chairs along with 3x5 cards for questions at the meeting. John and Marc will coordinate the sound and visual equipment needed for the panelists. Caroline Fisher will talk about Helpline and the booklets they provide on various PD topics that are popular with our members. Robin Riddle will talk about local resources and caregiver options, finally, Judy Long will discuss Stress and anxiety relief and preparing for hospital visits.

Marc said that he would like to have the Michael J Fox Foundation come to give the talk that they gave at a Napa Valley Meeting. They are difficult to schedule but he would like to have them next year.

Marc asked for suggestions for other topics for speakers in the upcoming year. Suggestions included cannabis, if we can find a person with solid scientific background, Gastro intestinal issues, urinary problems and end of life issues.

Dance Class: Nancy reported that she discussed adding a Dance Class with the Odd Fellows Hall Management and they indicated that the first and third Thursdays were available. Nancy then talked to members of the Dance Class and the instructors. After discussion it was decided to add the first Thursday to the schedule. The new schedule will begin in January. John made a motion authorizing Nancy to sign the contract with the Odd Fellows Hall that will include rent at the Hall for both the scheduled Dance and Singing Classes for the 2019 year. Marc seconded the motion which was passed on a voice vote.

Singing Class: John reported that he spoke to Jamie about alternating classes taught by both Hank and her. She said she would speak to Hank. She did not get back to John but he will get in touch with her and report back at the next Board meeting.

Caregivers: Marie Kay said that 6 were at their last meeting and the discussions were good.

New Board Members: We still do not have a Treasurer for next year.

Clinic Update:

Karen met a scientist at the Buck Institute who said she would talk to some of her colleague who might be helpful in our quest for a local PD Clinic. Two people have called Karen and she will follow up on these contacts.

Fund Raising:

Karen reported that Whole Foods will not be taking applications for their Donation Jars until late Fall. She will check back then.

Karen met a fellow who is on the Board of a Motorcycle Group that does rides for various charities and he is going to put our name forward as a recipient of a future ride

Scholarships:

Kathy read a Thank You letter from Beverly Muir who received a LSVT LOUD scholarship. She said that she would be happy to talk to anyone who was interested in trying the program.

Adjournment:

The meeting was adjourned at 12:00 p.m. by Chair, Kathy Osbun. The next meeting will be Wednesday October 17, 2018 at the Sunrise Villa Senior Living.

Respectfully submitted,
Barbara France, Recording Secretary