

Minutes of the Board of Directors
of the Parkinson's Support Group of Sonoma County

June 21, 2017

Members Present:

Sandy Grant, Nancy Wilson, Marie Kay Hansen, Kathy Osbun, John Hamilton, David Getzoff, Ann Walker, Marc Alexander, Sandy Barrett, Mary Reed and Barbara France

Members Absent:

Art Rosenblum and Suzanne deKozan

Call to Order:

The regular meeting of the Board of Directors of the Parkinson's Support Group of Sonoma County (PSGSC) was called to order by Chair, Kathy Osbun at 10:00 a.m.

Approval of Minutes:

The Board Minutes of May 17 were approved as read.

Treasurer's Report:

Sandy G. reported that income for the month included: \$241 from the May meeting Donation Jar; \$712.62 from the Sharing Basket at Art's Church; \$1,525 from additional donations from the board donation letter; \$.62 from bank interest; \$73.69 from Oliver's Community Card; \$10.78 from Amazon Smile program; \$64.00 from Human Race; \$124.00 from Mary's Pizza fundraiser; \$22.44 from sale of 12 tulip pins and \$145.00 from theatre tickets. Total income for month \$1919.15.

Expenses were: \$200 for Safeway gift cards which we donated to Redwood Caregivers to use as gifts at their Caregivers retreat; \$241.00 for Dance for PD; \$45.00 for a set of 2 videos about PD by Teepa Snow; \$50.00 for meeting set up/take down; \$68.00 for Singing group. Total expenses for the month were \$604.00

Net income for the month of May was \$2,315.15, net income for the year is \$585.97. Cash accounts total, \$35,595.91.

David verified that accounts match bank statements.

Programs:

Speakers: Marc confirmed that in addition to already scheduled speakers, that Steven Blake ScD will speak in October on Nutrition and PD. Marc said that he is thinking about a possible panel in 2018 that would include members from various entities on Resources for the PD patient.

Dance: Nancy said that they have redone the interviews with class participants that will be added to the video of the Dance routine made for the Marc Morris movie,

“Falling Down the Stairs.” The video will be complete in the next month and we should be able to view it at the next Board meeting. We will consider how we might use the video to promote PSGSC.

Nancy added that work on the post cards continues.

Singing Class: John reported that all is going well. Jamie is back to her normal schedule and attendance is strong.

Caregivers Group: Marie Kay said that the group is growing but they have decided that they will not split into smaller groups. They may institute some time keeping measures to help everyone to have a chance to participate.

Women’s Group: Ann said that the phone number for Christine Sundstrom is incorrect on the brochure. The correct number is 714-393-5266. Ann will see that remaining brochures have the number corrected. Members who have brochures at home should correct the number.

Facilitators: Marc and Sandy B. will be facilitators at the August 12 meeting.

Recruitment: Karen French will be a guest at the July meeting.

PANC:

PANC has sent flyers for their October Conference and they will be available at the meetings. There will be announcements at the general meetings and an email announcement will be sent.

Parkinson’s Wise:

A date has been set for our Parkinson’s Wise training. It will be Saturday, October 28 from 10 to 11:30 a.m. at a Kaiser facility. There will be a \$25.00 fee and the class will be limited to 40 participants.. Kathy and Marc are working on a flyer that is based on the one used for the first Parkinson’s Wise training in Sacramento.

Library:

Ann has ordered. the information booklets on various topics on PD from the National Parkinson’s Foundation. These booklets have been very popular with members.

Data Base: Mary, Marie Kay and Kathy are working on reviewing the phone tree.

Scholarships:

There has been no further response to our LSVT LOUD or BIG offerings. Marc picked up a flyer from Rock Steady Boxing. They are in a state of flux as they want to find another venue. Marc suggested that we wait until they are a bit more organized to offer the scholarship to this activity. Hector, who runs the program, said

that he will have the ability to absorb new members who might result from our Scholarship.

Uber:

John has experimented with using Uber. Over all he thought it was a freeing experience for himself and it could be really useful to people with transportation problems. The possible issues include the necessity to use an app on a smart phone. Learning how to obtain and use the app might take a little education. The app is linked to a payment source like a credit card, PayPal or a debit card so we would have to have a means to reimburse the user.

We would need to discuss how to offer this as a program, how many times we would reimburse and/or how much money to budget for the program as a whole. Discussion would also consider whether the problem of transportation was affordability or availability. The offering would be limited to rides to meetings.

Clinical Trails:

Marc is continuing to work on a comprehensive list of Clinical trials in the greater bay area.

Adjournment:

The meeting was adjourned at 12:00 p.m. by Chair, Kathy Osbun. The next meeting will be Wednesday, July 19, 2017 at the Brush Creek Senior Living.

Respectfully submitted,
Barbara France, Recording Secretary