

Minutes of the Board of Directors
of the Parkinson's Support Group of Sonoma County

May 16, 2018

Members Present:

Sandy Grant, Kathy Osbun, Nancy Wilson, Marie Kay Hansen, John Hamilton, Sandy Barrett, Ann Walker, Karen French, Marc Alexander and Barbara France.

Members Absent:

Art Rosenblum and Mary Reed

Call to Order:

The regular meeting of the Board of Directors of the Parkinson's Support Group of Sonoma County (PSGSC) was called to order by Chair, Kathy Osbun at 10:00 a.m.

Approval of Minutes:

Under Programs: the second paragraph should state that ...Marc has had contact with Robert Leavitt...

The Minutes were approved with this correction.

Treasurer's Report:

Sandy G. reported income for the month:

\$405.00 Donation Jar at April meeting

\$.93 Interest

\$ 75.35 Olivers Community Card

\$ 4.61 Tulip Pin

Total income for the month was \$485.89

Expenses:

\$500.00 PANC for Cash Awards

\$300.00 Parkinson's Foundation for Cash Awards

\$263.89 Dance Class

\$ 50.00 for April set up and take down

\$216.25 Printing for New Member Packets

\$367.63 Printing for 500 brochures

\$168.00 Singing Class

Total expenses for the month were \$1876.57. Net income for the month was (\$1390.68). Total net loss for the year is (\$3289.95)

Cash accounts total \$37,789.91

Sandy has looked into securing an accountant to take over part of her job when she leaves the Board in 2019 and she believes she has found a very good person, Teresa Burris. Teresa has an accounting degree and considerable experience dating from 1990 and is familiar with accounting software. She has references and Sandy was

quite pleased with her interview. She will charge \$50.00/ hour which is somewhat less than Sandy had estimated.

Sandy distributed Teresa's resume and then asked if the Board would authorize her to follow up and secure Teresa's services beginning in September of this year so that Sandy had opportunity to go through our accounts and the year end filings with her. After some discussion Sandy B. made the motion that Sandy proceed with securing Teresa's services beginning in September of this year. Marc seconded the motion which was passed on a voice vote.

Programs:

Possible new exercise program: Nicole Martinovich from the Santa Rosa "Y" attended our May general meeting at which Lisa Oei spoke about Parkinson's and exercise, specifically about the Delay the Disease and PWR programs. Nicole thought there might be a possibility of the Y starting an exercise program for PWP and wanted to discuss with us whether such a program would fill a need in our community. After hearing that all thought there could not be enough exercise programs Nicole shared her thoughts of how she might move forward with developing a program similar to what Lisa Oei offers in Marin County. This would involve getting instructors trained in Delay the Disease and/or PWR. This would require a significant investment and Nicole has to get support from the Y or other sources. After she has instructors trained then it is a matter of finding times and dates in the Y schedule, then go with the program. The Board discussed the possibility that this would be a program we could support with scholarships since there is a joining and monthly fee to use the Y. Nicole will continue her investigations and move forward with this class as a goal.

Speaker: Marc said that Joey Laus, a speech therapist will speak in June about swallowing issues.

Facilitators: Both John and Sandy B. said that their groups had good discussions in the May break out groups. John posed an open ended question and everyone was quite involved in the discussion. John and Sandy B. will act as facilitators again for the June break out groups.

Dance Class: Sandy G. said that the class has an average of 22 participants. Katherine and Judy have fully taken over responsibility for organizing the class and are doing a great job.

Singing Class: John said they had a substitute at the last class and that he was well received.

Caregivers Group: Marie Kay said it was going well

Women's Group: Ann said that the group is slowly building its numbers back up.

Future Board: Keep making contacts for new Board members. Art plans to retire next year.

Fundraising:

We have received a first check for \$1542.00 from the Human Race. There will be another check coming after the final accountings. Mike Siegal will organize participation for our group again next year and he has a few ideas for increasing participation.

We continue with Amazon Smile and Oliver's Community Card participation.

Scholarships:

Sandy G. has not received any more contacts about scholarships for LSVT BIG. We have added Julie Smith to our list as she has been trained in LSVT BIG and we will give scholarships to those who might want to attend her program.

Adjournment:

The meeting was adjourned at 11:45 a.m. by Chair Kathy Osbun. The next meeting will be Wednesday June, 20, 2018 at the Sunrise Villa, formerly known as Brush Creek Senior Living.

Respectfully submitted,
Barbara France, Recording Secretary