

Minutes of the Board of Directors  
of the Parkinson's Support Group of Sonoma County

February 21, 2018

Members Present:

Marc Alexander, Ann Walker, Kathy Osbun, Sandy Grant, Sandy Barrett, Mary Reed, Marie Kay Hansen and Barbara France

Members Absent:

John Hamilton, Art Rosenblum, Nancy Wilson and Karen French

Call to Order:

The regular meeting of the Board of Directors of the Parkinson's Support Group of Sonoma County (PSGSC) was called to order by Chair, Kathy Osbun at 10:00 a.m.

Approval of Minutes:

The Minutes of the January 17, 2018 Board meeting were approved with the correction that we will be printing 500 rather than 300 new brochures.

Treasurer's Report:

Sandy G. reported income for the month:

\$ .59 Interest

\$83.97 Olivers Community Card

Total Income for the month \$84.56

Expenses:

\$210.00 Dance Class

\$ 21.89 Library Funds

\$370.33 Printing of 500 brochures

\$ 68.00 Singing Group rental

\$ 17.67 Finance Committee

Total Expenses for the month: \$687.89

Net income for January was (\$603.33)

Total cash accounts \$40,474.75

Programs:

Speakers: Marc reported that Dr. Caroline Tanner will speak in March on research updates. Marc said that when he spoke to Dr Tanner about addressing the withdrawal symptoms (DAWS) connected with some Parkinson's medications she said that wouldn't fit in with her presentation but she would address it in the q & a after.

Neither Kathy nor Sandy G. will be at the March 3 General meeting so Marc will make the announcements and the speaker introduction. Mary will take care of the tulip pins and the Donation Jar.

Facilitators: Ann and Sandy B. said they would act as facilitators for the PWP break out groups at the March meeting.

Dance: Sandy G. said that the Dance for PD group has a very steady attendance level. Sandy noted that Kaiser Drs are recommending the group to their patients on a regular basis.

Singing: This group is also maintaining higher numbers in the class.

Caregiver group: Attendance is steady and is appreciated by those who attend.

Publicity:

Arlene contacted Kathy with a comprehensive list of agencies in the county that refer PWP to PSGSC and our activities. Ann will make contact with these agencies after conferring with Arlene about those she might have contacted.

New Member Packets:

The packets have been updated with new materials discussed at the last meeting. In addition we will include the list of those who complete the ParkinsonsWise training to be held on February 24. THE PANC website resources are outdated and Marc will check with them for new information. Sandy G. said that the cost for print and collating the New Member Packets will be between \$2.30 and \$2.40 per packet. Mary will buy the white envelopes and Kathy will contact Dana May Casperson about the labels that we have used in the past. It was decided that we will print 100 new packets.

Tulip Pins:

Kathy said that Karen had made a new display board for the Tulip pins as the old one was destroyed in the fire. The board is very nice and Kathy thanked Karen for making it..

ParkinsonsWise:

The training class is scheduled for February 24, and 40 people have signed up. Both Kathy and Marc will be there to see that all runs smoothly.

Adjournment:

The meeting was adjourned at 11:15 a.m. by Chair, Kathy Osbun. The next meeting will be Wednesday March 21, 2018 at Brush Creek Senior Living.

Respectfully submitted,  
Barbara France, Recording Secretary